

# WARTNER®

Verruca Remover

Freezes verrucas to the core in one treatment

Contains 12 applications

## IT IS IMPORTANT THAT YOU READ THE ENTIRE INSTRUCTION LEAFLET BEFORE USING WARTNER®

### A. What are warts and verrucas?

Warts and verrucas are harmless growths on the skin, caused by the human papilloma virus (HPV).

There are different types of warts but the most prevalent are called common warts & verrucas.

They consist of a core of inner tissue supplied by blood vessels, covered with layers of outer skin tissue.

Common warts are recognisable by the rough, "cauliflower-like" appearance of the surface. They are most commonly found on the hands, knees and elbows. Wartner Wart Remover has been specifically designed for the treatment of warts.

Verrucas are similar to common warts but only appear on the sole of the foot or the bottom of toes. Verrucas tend to be flatter and often painful due to the pressure caused by walking.



Warts and verrucas affect approximately 7 to 10% of the general population. They are most common in children and teenagers. Verrucas are very contagious and may develop more often if the body's defence system is weak. Verrucas can be passed from person to person or from one body location to another on the same person by direct contact with the infected area. Verrucas can disappear without treatment, however, many people choose to treat them at the onset as they can be unsightly and painful.

Traditionally there has been two main ways to treat verrucas; firstly, acid preparations that are applied directly onto the verruca; and secondly, surgical removal by a medical professional which can be performed with laser therapy, burning or cryotherapy (freezing with liquid nitrogen). Wartner is a safe and effective home treatment based on cryotherapy.

### B. How does Wartner® work?

1. Wartner® instantly freezes the verruca to the core. When you press the foam applicator on the verruca, the skin may turn white and a slight aching, stinging sensation will occur as a result of the freezing. Normal skin colour will return after the foam applicator has been removed. The aching, stinging sensation will rapidly fade and should disappear completely within a few hours.
2. After the frozen area thaws, it may turn red. As a result of freezing, a blister, which may not be visible to the naked eye, will form under the verruca within a few days.
3. The treated verruca should gradually disappear or fall off over the next 10 to 14 days, revealing new, healthy skin underneath.



### C. Side effects:

- As with all freezing methods, the skin may turn white temporarily.
- It is important to use the product exactly as instructed as over exposure to freezing could cause damage to the top layers of skin, resulting in scars and/or nerve damage.
- If the healthy tissue on toes is exposed to the product (which can occur by applying the applicator for more than the indicated time) this can lead to local tissue death.
- Therefore, it is important to hold the foam applicator on the verruca for a maximum of 40 seconds and a minimum of 10 seconds. See chart overleaf to determine treatment times.
- Some people may experience the formation of larger blisters which can be painful.
- De-pigmentation and/or small scars may occur after the verruca has come off.
- Using Wartner could result in minor burns due to the below freezing temperature of the product and although such side effects have been reported, they have been relatively few.

### D. Warning: Certain cases in which you should not use Wartner®:

If you are not 100% certain whether the skin condition is a verruca, consult a doctor before using Wartner®.

This product should only be applied by adults. Do not use on children under the age of 4.

Do not use if you are pregnant or breast-feeding. Do not use if you have diabetes, as the frozen area of the skin may not heal as quickly or completely. People with poor blood circulation should consult their doctor before using Wartner®.

Do not use on areas of thin or sensitive skin. Do not use on irritated skin, or skin which is infected, reddened or showing any sign of inflammation, such as itching or swelling. Do not use on warts with hairs growing from them, birthmarks, dark moles, pigmented skin, or any other unusual looking skin conditions.

### E. Cautions:

- When in doubt as to whether the skin condition is a verruca, consult your doctor.
- Suitable for external use only; do not swallow or inhale, use only in well ventilated areas.
- Wash hands immediately after use.
- Use Wartner only in combination with the special foam applicators provided.
- Use one foam applicator for each verruca and use each foam applicator only once.
- If there are multiple verrucas close to one another, especially on the toes, treat only one at a time. Treat each remaining verruca separately with a 2 week interval between treatments.
- Old and large verrucas can be difficult to remove and may need more than one treatment with Wartner.
- Contact with healthy skin surrounding the verruca to be treated should be avoided.
- Do not to apply excessive pressure when pushing the foam applicator on the verruca.
- Do not dab the area around the verruca.
- The applicator should be applied for a maximum of 40 seconds or less if the verruca and the skin around it turns white.
- If more than one application is required, repeat the treatment after 2 weeks. Do not treat the same verruca more than three times in total. Consult your doctor if three treatments have not led to improvement.
- The expiry date and lot number appears on the pack and on the bottom of the aerosol can.
- Wartner contains extremely flammable components: Use this product in a well ventilated area at least 1m away from an incandescent flame, heat, direct sunlight, electrostatic and electrical sources including lights. Do not smoke or have ignited cigarettes close by. Do not expose to temperatures above 50°C (e.g. electric light) when in use. The can should preferably be held in an upright position in free space away from the body rather than placing on a hard surface. Do not pierce or burn the container even after use.
- Store in a safe place. Keep out of the reach of children.

### F. Wartner® kit contains:

- An aerosol can with a mixture of Dimethyl Ether and Propane, which is not harmful to the environment.
- 1 reusable applicator holder to apply foam applicators.
- 12 disposable foam applicators for up to 12 treatments.
- 1 reusable file
- 12 comfort plasters
- This instruction leaflet which contains detailed information about verrucas, Wartner®, how it works and how it can be successfully used to treat verrucas.

### G. Instructions for use:

Read the entire instruction leaflet before using Wartner®.

Old or large verrucas may require 2 to 3 treatments. If a verruca or part of it, is still there 14 days after the first treatment, you may then safely treat it again with Wartner. Use each foam applicator for one treatment only and then discard it. Consult your doctor if 3 treatments with Wartner® have not led to improvement.

### H. After treatment:

- Keep the treated area clean.
- Swimming and showering are permitted.
- Do not pick at, or scratch the treated area.
- Protect blisters, if necessary, with a plaster; do not puncture blisters.
- Consult your doctor if the aching, stinging sensation persists or if another complication occurs.

Manufacturer: Omega Teknika - Farnham Drive, Finglas, Dublin 11, Ireland  
 Distributor: Chefaro UK Ltd. - 1 Tower Close, Huntingdon, Cambs PE29 7DH, UK.  
 email: enquiries@chefaro.co.uk  
 Distributor: Chefaro Ireland Ltd. - Farnham Drive, Finglas, Dublin 11, Ireland.  
 email: info@omega-pharma.ie

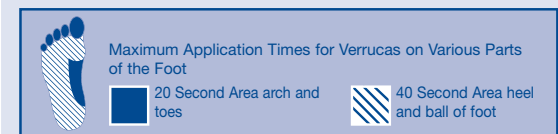
Visit us at [www.wartner.co.uk](http://www.wartner.co.uk)

CE 0336 aerosol can, applicator holder, foam applicator  
 CE Comfort pads  
 CE file  
 Date of last revision 06-2007

59-35475-0841

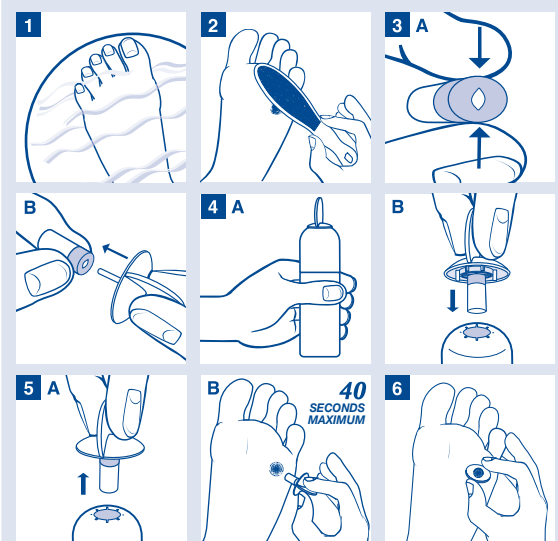
## DETERMINE YOUR TREATMENT TIME FROM THE CHART BELOW

	verruca diameter	treatment time
verrucas on toes and arch of foot:	smaller than 2,5 mm	10 seconds
verrucas on toes and arch of foot:	from 2,5 mm to 5,0 mm	15 seconds
verrucas on toes and arch of foot:	larger than 5,0 mm	20 seconds
callused verrucas on heels and balls of foot:	all sizes	max. 40 seconds



## EASY TO USE 6 STEP APPLICATION FOR VERRUCAS

- STEP 1** Soak the foot with the verruca in warm water for 5 minutes. Dry thoroughly.
- STEP 2** File the verruca with the file provided before applying Wartner®.
- STEP 3** Hold the green end of the foam applicator between the thumb and index finger and squeeze until a small opening appears. Slide the opening of the foam applicator onto the stick of the applicator holder until the stick is no longer visible.
- STEP 4** Hold the aerosol can, in an upright position and away from your body or any electrical sources. Place the applicator holder with the foam applicator in the opening on the top of the aerosol can so that the foam applicator is no longer visible. Holding the aerosol can with one hand at the bottom, firmly press down the applicator holder with the other hand for **3 seconds** (count from 21 to 23). You will hear a hissing sound whilst pressing. Remove the applicator holder with the foam applicator from the valve. The foam applicator is now saturated with cold liquid and condensation will form. This condensation is harmless.
- STEP 5** Immediately after you remove the applicator holder from the valve, push the applicator holder with the foam applicator lightly on the verruca. Ensure constant contact with the verruca. The foam applicator should be applied to the area for the treatment time directed in the table above. A slight aching, stinging sensation will occur as a result of freezing. After treating the verruca, wait 2 minutes before using a tissue to remove the foam applicator from the holder. Discard the foam applicator after single use. Do not reuse the foam applicator or touch the tip of the foam applicator with bare hands to ensure that you don't re-infect the skin with the verruca virus.
- STEP 6** Use the comfort pads if necessary to protect the treated verruca. Carefully remove the pad from the backing and apply the adhesive side of the pad to the skin with the hole directly over the treated verruca.



Drukproef: 5<sup>e</sup> proef  
 Datum: 18-06-07  
 FIELD BOXMORE  
 VAN O S  
 Formplano: 230x310  
 Formgev.: 115x35  
 Kleur: pms 662  
 Corps: 6,8 pt.